



TARA

THAI RESTAURANT AND TAKE AWAY

STARTER

- 1 KOAW GREAB GUNG** £ 3.95
Thai prawns cracker served with homemade sweet sauce.
- 2 CHICKEN SATAY** N G £ 7.95
Strips of chicken marinated on skewers served with creamy peanut sauce.
- 3 MOO PING** £ 7.95
Grilled marinated pork on skewers served with sweet chilli sauce.
- 4 KANOM PANG NAR GOONG** £ 7.95
Minced prawns and pork on toast topped with sesame served with sweet chilli sauce.
- 5 POA PIAH PED** £ 7.95
Duck spring rolls generously packed with vegetables filling served with hoisin sauce.
- 6 POA PIAH JAY** V £ 6.95
Vegetables spring rolls with black mushroom, sesame served with sweet chilli sauce.
- 7 TOD MUN PLA** N G £ 8.95
Homemade Thai fish cakes lightly spiced served with cucumbers, shallot, chilli and ground peanuts in sweet chilli sauce.
- 8 PEEK GAI LOAW DANG** £ 7.95
Chicken wings in red wine chef special sauce.
- 9 TORD MUN KOAW POAD** V N £ 6.95
Sweet corn cakes lightly spiced served with cucumber, shallot, chilli in sweet chilli sauce topped with crushed peanuts.
- 10 PHAK TEMPURA** V £ 6.95
Mixed vegetables in batter served with homemade sweet chilli sauce.



MOO PING



POA PIAH JAY



TORD MUN KOAW POAD

G Can be made gluten free E Contains egg V Suitable for vegetarian N Contains nuts

Please ask a member of staff if you have any food allergies

STARTER

- 11 GOONG TEMPURA** £ 7.95
Kings prawns and onion rings in batter served with sweet chilli sauce.
- 12 GOONG POW**   £ 8.95
Grilled kings prawns on skewers served with spicy seafood sauce.
- 13 SALT & PEPPER SQUID**  £ 7.95
Squid in thin batter, salt, garlic, chilli served with mayo and sweet chilli sauce.
- 14 HOY NAM PRIK POW**   £ 10.95
Stir-fried fresh scallops with Thai chilli paste topping with basil leaves.
- 15 "TARA PLATER"**  £ 8.95
Mixed starter plater: chicken satay, prawn and pork toast, vegetable spring rolls and Thai fish cakes.
- 16 "TARA VEGETARIANS PLATER"**   £ 7.95
Mixed vegetarian plater: vegetable spring rolls, fried tofu, sweet corn cakes and vegetable tempura.

THAI SOUPS

- 17 TOM YAM**  
Thai hot and sour clear soup seasoned with fish sauce, lime juice, lemon grass, lime leaves, galangal and mushroom.
Chicken £7.95
Prawns / Seafood £8.95
Mushroom £6.95
- 18 TOM YAM NAM KHON**  
Rich of coconut milk soup seasoned with fish sauce, Thai chilli paste, lime juice, Thai herbs perfectly cooked with prawns "chef recommend"
Chicken £7.95
Prawns £8.95
Mushroom £6.95
- 19 TOM KHA**  
Creamy coconut milk soup and aromatic Thai herbs but the fragrance of galangal more dominant and smooth flavour of sweet perfectly cooked with chicken.
Chicken £7.95
Prawns / Seafood £8.95
Mushroom £6.95

THAI SALAD

20 SOM TUM

£ 7.95

Thai original green papaya salad with fresh carrots, ground peanut, fish sauce, chilli and garlic.

21 LARB

A famous dish of north-east Thai salad minced chicken / pork / mushroom cooked with crispy rice, lime juice, fish sauce, shallot, chilli flakes and fresh mint.

Chicken / Pork	£7.95
Mushroom	£6.95

22 NAM TOK

£ 10.95

Grilled tender beef sirloin topped with north-east Thai style sauce.

23 PLA GOONG

£ 10.95

Prawns seasoned with lime juice, lemongrass, fresh mint, fresh chilli, kaffir lime leaves and drop with Thai chilli paste.

24 YAM

Thai spicy salad seasoned with lime juice, onions, spring onion, celery and tomato.

Chicken / Pork / Beef	£8.95
Prawns / Seafood	£9.95
Mushroom / Vegetables	£7.95

STIR FRIEDS

All Stir-fried dishes are available with your choice of:

Chicken / Pork / Beef	£13.95
Prawns / Seafood / Duck	£14.95
Tofu / Vegetables	£12.95

25 PAD KRA PRAO

Stir-fried with fresh basil leaves, chillies, garlic, onion, fine bean classic in Thai cuisine sauce.

26 PAD PRIK THAI DAM

Stir-fried with onion, peppers, mushroom, carrots and onion in a black pepper sauce.

27 PAD KHING

Stir-fried with ginger, onion, spring onion, black wood fungus mushroom and fresh chilli.

 Can be made gluten free  Contains egg  Suitable for vegetarian  Contains nuts

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STIR FRIEDS

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Chicken / Pork / Beef	£13.95
Prawns / Seafood / Duck	£14.95
Tofu / Vegetables	£12.95

28 KRATIEM PRIK THAI G

Stir-fried with garlic and black pepper.

29 GAI PAD MED MAMUANG G N

Stir-fried crispy chicken in batter with cashew nuts, onion, mushroom, spring onion on top with dried chilli.

30 PAD PRIEW WARN V

Stir-Fried with onions, pineapple, tomato and cucumbers with homemade sweet and sour sauce.

31 PAD NUMMAN HOY G V

Stir-fried with carrots, baby corn, broccoli, onion, spring onion in flavoured with oyster sauce.

32 PAD NUMPRIK PAOW G V

Stir-fried red pepper, onion, spring onion, mushroom, with Thai chilli paste hint of sweetness.



KRATIEM PRIK THAI



GAJ PAD MED MAMUANG



PAD PRIEW WARN



PAD NUMPRIK PRAOW

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THAI CURRY

All curry dishes are available with your choice of:

Chicken / Pork / Beef	£13.95
Prawns / Seafood / Duck	£14.95
Tofu / Vegetables	£12.95

33 GAENG KIEW WARN G V

Authentic Thai green curry cooked in coconut milk with bamboo shoot strips and fresh basil leaves.

34 GAENG DANG G V

Authentic Thai red curry cooked in coconut milk with bamboo shoot strips, red long chilli and basil leaves.

35 GAENG PANANG G V

An aromatic creamy red curry with red chillies and kaffir lime leaves cooked in thick coconut milk.

36 GAENG MASSAMAN G V N

A Massaman curry from southern region of Thailand cooked with coconut milk, onion, potatoes and peanuts topped with crispy red shallot.

37 GAENG PHET PED YANG G

Roast duck red curry with pineapple, grapes, lychee, tomato in coconut milk and fresh basil leaves.

38 GAENG PA (JUNGLE CURRY) G V

Thai style jungle curry without coconut milk cooked with bamboo shoots strips, green beans, carrots, baby corn, fingerroot and peppercorns.



GAENG KIEW WARN



GAENG DANG



GAENG PANANG



GAENG PHET PED YANG

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FISH DISHES

39 PLA NEUNG SEE-IEW £ 19.95

Steamed Seabass fillets topped with stir fried spring onion, onion, ginger, celery, mushrooms, and red long chilli in light soy sauce.

40 PLA MA NOW £ 19.95

Steamed Seabass fillets topped with hot and sour homemade sauce, chilli, garlic and coriander.

41 PLA RAD PRIK £ 19.95

Crispy Seabass fillets topped with chef's special sauce, chilli, garlic and basil leaves.

42 PLA CHU CHEE £ 19.95

Crispy Seabass fillets topped with creamy red coconut curry sauce on top with kaffir lime leaves.

CHEF RECOMMENDED DISHES

43 PED MAKHAM £ 17.95

Roast duck with tamarind sauce topped with cashew nuts and crispy onion.

44 PAD CHA TALAY (SIZZLING) £ 18.95

Stir-fried spicy mixed seafood with fingerroot, bamboo shoots, green beans, red chillies, peppers, garlic and basil leaves.

45 GAI MANOW £ 15.95

Crispy sliced chicken breast in bread crumbs served with homemade lemon sweet chilli sauce.

46 CHU CHEE GOONG £ 17.95

Giant King prawns in dry coconut curry from southern Thai style curry paste with turmeric, kaffir lime leaves. Spicy and creamy elements.

47 WEEPING TIGER (SEUA RONG HAD)(SIZZLING) £ 18.95

Smoky tender slices of grilled beef flavored of our weeping tiger served with chef's special sauce.

STIR FRIED RICE & NOODLE DISHES

All Stir-fried rice and noodle dishes are available with your choice of:

Chicken / Pork / Beef	£12.95
Prawns / Seafood / Duck	£13.95
Tofu / Vegetables	£11.95

48 PAD THAI G N V E

The most popular Thai stir-fried rice noodles with bean sprouts, grounded peanuts, egg, tofu and spring onion.

49 PAD SEE-IEW G V E

Stir-fried flat rice noodles with egg, sweetheart cabbage in soy sauce.

50 GUEYTEOW PAD KHEE MAO G V E

Stir-fried flat rice noodles with fresh chilli, fine beans, onion, vegetables and basil leaves.

51 SIAMESE FRIED RICE G V E

Stir-fried fragrance Jasmine rice with egg, onion, tomato and spring onion in Thai style seasoning sauce.

VEGETABLE DISHES

52 PAD PAK RUAM G V

Stir-fried mixed vegetables with garlic and oyster sauce.

£ 9.00

53 PAD THUA NGOK TOFU G V

Stir-fried bean sprouts with tofu, chilli, spring onion, garlic, red long chilli and yellow bean soy sauce.

£ 9.95

54 SWEET HEART CABBAGE G V

Stir-fried sweet heart cabbage with fresh chilli, garlic in oyster sauce.

£ 6.95



PAD THAI



GUEYTEOW PAD KHEE MAO

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ACCOMPANIMENTS

- | | | | |
|-----------------------|-------------|---|---------------|
| 55 KOW | G V | Thai boiled rice. | £ 3.00 |
| 56 KOW NEAW | G V | Thai sticky rice. | £ 3.50 |
| 57 KOW PAD KAI | G E | Egg fried rice. | £ 3.95 |
| 58 KOW KATI | G V | Coconut rice. | £ 3.95 |
| 59 SEN PLOW | G V | Plain fried flat noodels / thin noodles with soy sauce. | £ 3.95 |
| 60 SEN MEE PAD | E 🌶️ | Stir-fried egg noodles with spring onion, onion and chilli. | £ 3.95 |
| 61 CHIPS | | | £ 3.50 |



KOW KATI

KOW NEAW

KOW PAD KAI